

# SPREADERS

With Epithelium™



**BACKGROUND:**

**Hallux valgus is a deviation of the big toe outwards, and the big toe tends to overlap with the 2<sup>nd</sup> toe. The bone at the base of the big toe is thus further from the foot and becomes crooked, which is called a bunion. This condition is seen most often in women (90% of cases), and the main causative factor is a woman's shoe which is not adapted to the foot (narrow and pointed shoes, heels, etc.). Genetics also plays a role, particularly when this pathology affects young people.**

**Since it changes pressure points, hallux valgus can cause plantar pain. In fact, the big toe can no longer provide adequate support and the weight it used to carry is shifted to the base of the 2<sup>nd</sup> and/or 3<sup>rd</sup> toe where calluses may be formed.**

**INDICATIONS:**

- Limit deviation of the big toe (Hallux Valgus) by improving its alignment
- Prevent overlapping of the first toe onto the second toe, thereby decreasing pressure and rubbing.



**PROPERTIES:**

- Spreaders are used to align the big toe by preventing overlap with neighboring toes.
- They are made of a flexible material called Epithelium™.
- Their shape matches the shape of the foot for maximum comfort.
- They contain an antimicrobial compound that prevents fungal development.

**RECOMMENDATIONS FOR USE:**

- Can be washed with soap and water and re-used.
- Average duration of use: 2 months.



References	Size	Unit
0817	Large for big toes	Pack of 2